JAB League Teams vs. The Academy | 3rd–6th Grade Boys

THE MOST IMPORTANT DISTINCTION

JAB will form one or two traditional League Teams in each grade (3rd, 4th, 5th & 6th). Players selected for those teams will compete at Frisco Fieldhouse or Stars Ryse Center. All remaining players will participate in The Academy.

QUICK COMPARISON

	LEAGUE TEAM	THE ACADEMY
Placement	One or Two teams per grade	All remaining players
Practices	16 to 18	16 to 18
Competition	Frisco Fieldhouse or Stars	JAB-organized Saturday game days at Jesuit
Games	8 traditional games (plus possible playoffs)	5 Saturdays: 3v3 + 5v5 traditional games

WHAT MAKES THE ACADEMY DIFFERENT?

The Academy is a development-focused basketball league built around more touches, fewer lines, more decisions and more meaningful game-like repetitions.

- Focused practices develop fundamentals and team concepts.
- Small-sided play during practices (3v3, 3v2, 4v3) gives players more opportunities to handle the ball, read the game and make decisions.
- Predictable schedule with Five Saturday game days include one hour of rotating 3v3 teams and one hour of traditional 5v5 with assigned teams.
- The goal is confidence, stronger fundamentals, basketball IQ and competitive growth.

MESSAGE TO PARENTS & COACHES

Both options include structured coaching, competition and player development. The Academy is not a consolation placement; it uses a different format to keep players involved and growing. Every player has a place to compete and develop at JAB.

Game Days: Dec. 19, Jan. 9, Jan. 23, Jan. 30, Feb. 13

Game Times: 3rd/4th Division - 1-3pm and 5th/6th Division - 3-5pm